

Kar Hao Teoh

22nd January 1983 - 3rd August 2023



It is with profound sorrow that we mourn the untimely passing of Mr Kar Hao Teoh, who left us on August 3, 2023, aged 40.

After completing surgical training in Wales (2017), he undertook multiple international fellowships (EFAS, BOA, BOFAS, AO, SICOT, EFORT/APOA, IBRA), before Consultant appointment (foot and ankle) at The Princess Alexandra Hospital, Harlow (2018).

Kar Hao developed a tertiary practice for total ankle replacements, pioneering the UK use of the 'Vantage' system. As Clinical Lead for Major Trauma, he was instrumental in improving patient outcomes. Additional roles emphasised his dedication to training and education, including regional Specialty Professional Advisor (Trauma & Orthopaedics, East of England), interim Associate Dean for Undergraduate Education (Queen Mary University of London) and Clinical Subdean (Anglia Ruskin University).

He excelled in research with multiple publications and won the EFAS Presidential Prize for best project (2022).

Kar Hao was a dedicated and devoted husband, doting father, and a loving son to his mother. He was a loyal friend and well-loved colleague. As well as being a keen traveller with a personal goal to visit every country in the world, he enjoyed learning history and experiencing other cultures. He was a foodie and an excellent cook.

Kar Hao was a trailblazer, an unstoppable force, fiercely determined, curious minded and analytical. He was also selfless, steadfast, generous, witty and a maverick.

He is survived by his mother Ai Nah, wife Sara and 2-year-old son Hugo.

May he rest in eternal peace, leaving behind a legacy that will forever inspire. ■



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British Orthopaedic Association

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Once you have considered your immediate family and friends, please consider leaving a gift to Joint Action. Musculoskeletal problems impact all sectors of society from children to the elderly.

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