

Joint Action News



Joint Action supporter, Alan Horton, took part in another Boxing Day Dip to raise much-needed funds. At 74 years and 11 months old, Alan headed to Dover Harbour dressed as a mime and managed to document his dip on video and with photos.

Alan raised £70

Thanks again, Alan!



Huge thanks and congratulations to Janice and Gerald Hancocks,



who celebrated their joint 70th birthdays and asked for donations, in lieu of gifts, for Joint Action. Janice said *"We were only too glad to help Joint Action, as research is vitally important to help people who are afflicted with arthritis to gain benefit from replacement joints, as I did."* **Their celebration raised £210.**

If you would like to organise a small event to raise money for Joint Action, we have many ideas in our Fundraising Pack. Contact us on 020 7406 1767 or email jointaction@boa.ac.uk to request your copy. You can now also download a pack directly from our website at www.boa.ac.uk/research/fundraising.

How your donations help

The BOA Orthopaedic Surgery Research Centre (BOSRC), based at York Trials Unit, supports the BOA in expanding the number of trials in the UK related to Trauma and Orthopaedics. The activity by the research team at York over the past year is summarised here:

Four new research studies are now underway following successful grant applications. One study, known as the OPAL study, will develop an occupational advice intervention to support early recovery to usual activities including work, for patients undergoing hip and knee replacements. The second project underway is investigating the topic of how best to manage rib fractures.

The third study will investigate whether a collagenase injection is as good as surgery at treating Dupuytren's contracture. If the injection is found to be as good as surgery it means that patients can have an alternative option to surgery. The fourth study will address the problem of knee swelling following total knee replacement, which is a common problem for patients.

The BOSRC initiative has so far secured more than £2.7million of funding for trauma and orthopaedic research.

We are also co-funding James Lind Alliance Priority Setting Partnerships (PSPs). Patients, carers and clinicians come together in PSPs to identify and prioritise the Top 10 uncertainties, or 'unanswered questions', about the effects of treatments that they agree are most important.

The aim of this is to help ensure that those who fund health research are aware of what matters to both patients and clinicians. The PSPs that currently relate to Trauma and Orthopaedics are:

- Hip and knee replacement for osteoarthritis
- Early hip and knee osteoarthritis
- Surgery for common shoulder problems
- Broken bones in older people – musculoskeletal injury: fragility fracture of the lower limb and pelvis

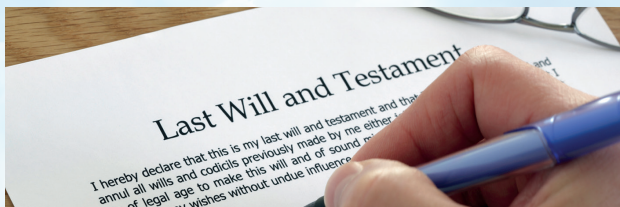
Your donations are helping us to advance Trauma and Orthopaedic research.

Thank you

Leaving a lasting legacy

The following people recently left a bequest to Joint Action in their Will. Their generosity will live on in the Trauma and Orthopaedic research that we hope will benefit future generations of people with musculoskeletal diseases and conditions.

Margaret Bowen
Elizabeth Hodgson
Arthur Johnson
John Newman
Minnie Smith
Brenda Wilkinson



If you are able to leave a legacy to Joint Action in your Will, please do contact us to let us know on **020 7406 1767**.

Do you know any runners?

We have places available for the Virgin Sport British 10K London Run which takes place on Sunday 9th July 2017. Do you know someone who would be interested in participating? Perhaps you might even like to take part yourself? If so, please call **020 7406 1767** or email jointaction@boa.ac.uk.

We wish our Virgin Money London Marathon runners, David Cohen and Yusuf Mirza, a massive amount of luck for their impending challenge on Sunday 23rd April.

We now have spaces for the 2018 Virgin Money London Marathon. If you have any family or friends who would be interested in taking part next year, please ask them to contact us on **020 7406 1767** or email jointaction@boa.ac.uk.

Good Luck

Join our mailing list

As we now only send you our newsletter annually, we would still like to keep in touch with you periodically throughout the rest of the year. Last year we began emailing our supporters and this method of communicating with you is working incredibly well and saves the charity money.



If you have an email address, please go to our website **www.boa.ac.uk/joint-action** and subscribe in the 'Joint Action Updates' box.

Connect with us

We are now merging our social media pages onto the main British Orthopaedic Association platform. If you already follow us on Twitter or have liked us on Facebook then please now 'Follow' and 'Like' us on the BOA social media pages. The Joint Action Facebook and Twitter accounts will be removed on **Friday 3rd March**.



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You can also connect with us via LinkedIn at

www.linkedin.com/company/the-british-orthopaedic-association.