

## BOA Ortho Update Programme 2025

- 8:30 – Registration
- 9:00 am to 9:15 am Introduction and division into groups
- 9:15 am to 11:15 am – Session 1 – 30 minutes X 4

	FRCS	Knee Osteo	Young Adult Hip	Should Ex-1	Should Ex-2	Knee Ex-1	Knee Ex-2	Trauma 1	Trauma 2	Bone Tm	Spinal Mets
9.15	Red	Red C	Red D	Blue A	Blue B	Blue C	Blue D	Green A	Green B	Green C	Green D
9.45	A & B	Red D	Red C	Blue B	Blue A	Blue D	Blue C	Green B	Green A	Green D	Green C
10.15	Red	Red A	Red B	Blue C	Blue D	Blue A	Blue B	Green C	Green D	Green A	Green B
10.45	C & D	Red B	Red A	Blue D	Blue C	Blue B	Blue A	Green D	Green C	Green B	Green A

- 11:15 am to 11:30 am – Tea / Coffee
- 11:30 am to 13:30 pm – Session 2 – 30 minutes X 4

	FRCS	Knee Osteo	Young Adult Hip	Should Ex-1	Should Ex-2	Knee Ex-1	Knee Ex-2	Trauma 1	Trauma 2	Bone Tm	Spinal Mets
11.30	Blue	Blue C	Blue D	Green A	Green B	Green C	Green D	Red A	Red B	Red C	Red D
12.00	A & B	Blue D	Blue C	Green B	Green A	Green D	Green C	Red B	Red A	Red D	Red C
12.30	Blue	Blue A	Blue B	Green C	Green D	Green A	Green B	Red C	Red D	Red A	Red B
1300	C & D	Blue B	Blue A	Green D	Green C	Green B	Green A	Red D	Red C	Red B	Red A

- 13:30 pm to 14:15 – LUNCH
- 14:15 pm to 16:15pm Session 3 – 30 minutes X 4

	FRCS	Knee Osteo	Young Adult Hip	Should Ex-1	Should Ex-2	Knee Ex-1	Knee Ex-2	Trauma 1	Trauma 2	Bone Tm	Spinal Mets
1415	Green	Green C	Green D	Red A	Red B	Red C	Red D	Blue A	Blue B	Blue C	Blue D
1445	A & B	Green D	Green C	Red B	Red A	Red D	Red C	Blue B	Blue A	Blue D	Blue C
1515	Green	Green A	Green B	Red C	Red D	Red A	Red B	Blue C	Blue D	Blue A	Blue B
1545	C & D	Green B	Green A	Red D	Red C	Red B	Red A	Blue D	Blue C	Blue B	Blue A

- 16:15 pm to 16:30 pm – Wrap up

*Delegates will be allocated into groups on arrival at the course*